

March 8

8 marzo

Office Hours

Mon. - Thurs. -
8:00 a.m. - 4 p.m.
Fri.
8:00 a.m. - 12:30
p.m.

**Oficina de Ministerio
Hispano**

Lunes- cerrado
Martes a Viernes:
12:30pm.-3pm.
Sabado: cerrado
Domingo: 9:30-11am

**Sacrament of
Reconciliation
Horario de
Confesiones**

**Wednesday/
Miércoles**
6:15 - 6:45 p.m.

Thursday/Jueves
7 - 8 p.m.

Saturday/ Sábado
4 - 4:45 p.m.

Sunday/Domingo
7:45 - 8:15 a.m.



St. Francis Xavier Staff email addresses and exts. 912-265-3249

Fr. Mark, **Pastor:** mvanalstine@diosav.org ext. 2

Fr. Juan Carlos, **Associate Pastor:** jccastillo@diosav.org, ext. 3

Seminarian Stephen Owusu Dwamena, stephen@xavierbrunswick.org

Ann, **Office Manager:** annbuebel@xavierbrunswick.org, ext. 9

Deacon Chris Sadowski, ext. 4 deaconchrissadowski@xavierbrunswick.org

Deacon Dr. Terry Mermann (Licensed Catholic Counselor):

Deaconterrymermann@gmail.com, ext. 5

Nalleli, **Ministerio Hispano:** naylee@xavierbrunswick.org, ext. 6

Finance Church & School: finance@xavierbrunswick.org

Annemarie Marr, **Principal** - amarr@sfxcs.org, ext. 8

Our Living Water

Backed by scientific research, it is a true statement that lack of water is significantly deadlier and kills a person faster than lack of food. In other words, thirst is more detrimental to our health. In fact, it is known that lack of water kills in about 3 to 7 days, but a person can go weeks to months without food. This is why it is perhaps more important to stay hydrated. With this in mind, place yourself in the shoes of the ancient Hebrew who had been following Moses for weeks in the desert and did not have adequate water to drink. Survival instincts kicked in. And so, before we blame the Hebrews for their complain against Moses, let us understand them. They were right. They needed water or they would die! Similarly, in our Gospel reading for today, we hear the Samaritan woman ask Jesus to give her this water that would not make her thirst again. And I agree, if there was a permanent “cure” for thirst, would we not take it?

Realizing this importance of water, Jesus and the readings of today teach us one important message; stay hydrated! I do not say this only in the physical sense. We also have a spiritual thirst as much as we have a physical thirst. In the life of faith, the body of Christ is our food which satisfies our spiritual hunger. But what satisfies our spiritual thirst? It is this living water that Jesus speaks about in the Gospel today.

What is this living water? In his conversation with the Samaritan woman, Jesus said that this living water is given by him. In the second reading, we hear of Paul speak about the love of God being poured (a language used of water) into our hearts. This brings things into perspective. In our creed, we speak of the Holy Spirit as coming forth/proceeding from the Father and the Son, Jesus Christ. The Holy Spirit in Trinitarian theology is spoken of as the love between the Father and Son. Where does this all lead to? The answer is this: that the Holy Spirit is the living water which the Father and Christ give us to quench our spiritual thirst.

What does this mean for us then? Just as was established in the beginning that thirst is deadly even if we still have food, we can say this; that being disconnected from the Holy Spirit is deadly to our spiritual life, for the Eucharist and the Holy Spirit are inseparable in the life of grace. It is the Spirit that disposes our hearts to receive the full fruit of the Eucharist and our worship of him to be genuine. Therefore, we are called today to realize that we need the Holy Spirit ever more in our lives. For if we are disconnected from the Holy Spirit, we do not understand what we worship. Let us cultivate a devotion to the Holy Spirit. Try to say a prayer for the aid of the Holy Spirit when you want to read the Bible, when you arrive at the church before Mass, before you engage in any act of worship. For it is the spirit that helps our worship to be fruitful and true.

Stephen Owusu Dwamena, Seminarian

Nuestra Agua Viva

Respaldado por investigaciones científicas, es un hecho real que la falta de agua es mucho más letal y mata a una persona más rápido que la falta de alimento. En otras palabras, la sed es más peligrosa para nuestra salud. De hecho, sabemos que la ausencia de agua puede acabar con la vida en unos 3 a 7 días, mientras que alguien puede sobrevivir semanas o incluso meses sin comer. Por eso, es fundamental mantenerse hidratado. Teniendo esto en cuenta, imagina estar en la piel del antiguo hebreo que seguía a Moisés durante semanas en el desierto sin tener suficiente agua para beber. El instinto de supervivencia se activa. Entonces, antes de juzgar a los hebreos por quejarse contra Moisés, entendámoslos: tenían razón, necesitaban agua para vivir. De manera similar, en el Evangelio de hoy escuchamos a la mujer samaritana pedirle a Jesús esa agua que le quitaría la sed para siempre. Y, sinceramente, si existiera una “cura” definitiva para la sed, ¿quién no la aceptaría?

Reconociendo la importancia del agua, Jesús y las lecturas de este domingo nos dejan un mensaje claro: ¡mantente hidratado! Y no lo digo sólo en el sentido físico. Así como tenemos sed física, también sufrimos una sed espiritual. En nuestra vida de fe, el Cuerpo de Cristo es el alimento que sacia nuestro hambre espiritual. Pero, ¿qué calma nuestra sed del alma? Es esta agua viva de la que Jesús habla en el Evangelio.

¿Qué es esa agua viva? En su diálogo con la samaritana, Jesús afirma que Él mismo da esta agua. En la segunda lectura, Pablo dice que el amor de Dios ha sido derramado —usando un lenguaje de agua— en nuestros corazones. Esto nos da una perspectiva más clara. En el Credo proclamamos que el Espíritu Santo procede del Padre y del Hijo, Cristo Jesús. En la teología trinitaria, el Espíritu Santo es descrito como el amor entre el Padre y el Hijo.

¿A dónde nos lleva esto? A la conclusión de que el Espíritu Santo es el agua viva que el Padre y Jesús nos ofrecen para calmar nuestra sed espiritual. ¿Y qué significa esto para nosotros? Así como la sed física es mortal aunque tengamos comida, podemos decir que estar desconectados del Espíritu Santo es mortal para nuestra vida espiritual, porque la Eucaristía y el Espíritu son inseparables en la vida de la gracia. Es el Espíritu quien dispone nuestro corazón para recibir plenamente los frutos de la Eucaristía y para que nuestra adoración sea auténtica.

Hoy se nos invita a reconocer que necesitamos al Espíritu Santo cada vez más en nuestras vidas. Si estamos desconectados de Él, no comprendemos lo que adoramos. Por eso, cultivemos una devoción constante al Espíritu Santo: haz una oración pidiendo su ayuda antes de leer la Biblia, al llegar a la iglesia para la Misa, o antes de cualquier acto de oración. Porque es el Espíritu quien hace que nuestra adoración sea verdadera y fecunda.

Stephen Owusu Dwamena, Seminarista

MASS INTENTIONS

Saturday/sábado

March/marzo 7

5:00 p.m. Howard Sculthorpe

7:00 p.m. Luana Dickey

(at the Jekyll Isl. United Methodist Church)

Sunday/domingo

March/marzo 8

8:30 a.m. Eugene Arbino Jr

11:00 a.m. Ethan Cooper

6 p.m. Paula Juana Paz Vega

Monday/lunes

March/marzo 9

Noon Eileen Ehlman

Tuesday/martes

March/marzo 10

Noon Ken Thompson

Wednesday/miércoles

March/marzo 11

8 a.m. Ken Thompson

7 p.m. Eileen Ehlman

Thursday/jueves

March/marzo 12

8 a.m. Kathryn White

Friday/viernes

March/marzo 13

8 a.m. Our Parish Family

6 p.m. Stations of The Cross

7 p.m. Via Crucis

Saturday/sábado

March/marzo 14

5:00 p.m. Howard, Allene & Helen
Sculthorpe

7:00 p.m. Our Parish Family

(at the Jekyll Isl. United Methodist Church)

Sunday/domingo

March/marzo 15

8:30 a.m. Ognilla Family

11:00 a.m. Roberto Torrentes, Augustine
Gato & Alina Lopez

6 p.m. Santos Cervantes

The **St. Francis Xavier Music**

Ministry would like to invite everyone to our **Lenten Taize' Service, Sunday, March 8th, from 2:00 pm – 3:00 pm.** Taize' was founded in France and emphasizes **ecumenical unity** and reconciliation among Christians. We welcome **everyone** to join us for an hour of candlelight prayer and music – **a peaceful pause** during this Lenten season. Please invite a friend and join us.

Week of March 8, 2026

Para la Semana del 1 de Marzo de 2026

Sunday/Domingo Ex 17:3-7; Ps 95:1-2, 6-7, 8-9; Rm 5:1-2, 5-8; Jn 4:5-42 or Jn 4:5-15, 19b-26, 39a, 40-42

Monday/Lunes 2 Kings 5:1-15ab; Ps 42:2, 3; 43:3, 4; Lk 4:24-30

Tuesday/Martes Dn 3:25, 34-43; Ps 25:4-5ab, 6 and 7bc, 8-9; Mt 18:21-35

Wednesday/Miercoles Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20; Mt 5:17-19

Thursday/Jueves Jer 7:23-28; Ps 95:1-2, 6-7, 8-9; Lk 11:14-23

Friday/Viernes Hos 14:2-10; Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17; Mk 12:28-34

Saturday/Sabado Hos 6:1-6; Ps 51:3-4, 18-19, 20-21ab; Lk 18:9-14

Sunday/Domingo 1 Sam 16:1b, 6-7, 10-13a, Ps 23:1-3a, 3b-4, 5, 6; Eph 5:8-14; Jn 9:1-41 or Jn 9:1, 6-9, 13-17, 34-38

Stations of the Cross

Fridays at 6 p.m.

Vía Crucis

Viernes a las 7 pm.

All **girls** in the parish aged **14-21** are eligible for a chance to win the **CCW Golden Rose Award**, a **scholarship worth \$250**.

Applications are available at the main doors of the church.

Applications must be turned in to the parish office by April 1, 2026.



CCW Lenten Retreat

St. William CCW will be hosting a retreat for the women of St. William, St. Francis and Nativity of Our Lady on March 28th beginning with Mass at 8:15 a.m. The facilitator is Dr Garrett Boyer, a clinical psychologist, and the founder of Benedictis Psychological Services. "Benedictis" because Pope Benedict emphasized the interplay between Catholic tradition and modern society. Dr Boyer grounds his practice in the understanding of the human person created in the image and likeness of God with dignity, purpose and a unique relationship with the creator. **Registration is required and can be done by email to janmansfield2024@gmail.com or by texting or calling 912-266-3417.** The retreat is free.



Annual Catholic Appeal 2026

**Commitment weekend is
March 14th & 15th.**

Envelopes are available in the book holders of the pews. Please take one, pray about it, and give what your heart tells you on the following weekend. You can make a pledge or pay it fully through the envelope.

Our goal this year is \$74,429.

Gifted Catechesis Program

The Gifted Catechesis Program is restarting in March with a new series on the Mass.



If you have ever had questions or wanted to know more about the meaning of the structure and things we do at Mass, please plan to join Seminarian Stephen on **March 11** for the next session.

For more information, please contact Seminarian Stephen (stephen@xavierbrunswick.org) or Deacon Chris (deaconchrissadowski@xavierbrunswick.org)



RETIRO PARA FAMILIAS SANANDO FAMILIAS

Enfocado en las familias con hijos
adolescentes de 12 años en adelante



¡POSPUESTO!

sábado 28 de marzo, 2026, 9 am a 5 pm

Iglesia St. Paul, Douglas

Registrarse en diosav.org/familia
o escaneando en código QR



Single serve snack size peanut butter cups, little cans vegetables with pop-tops, and granola bars.

Toilet paper, feminine napkins, travel size and regular size toiletries





Young Adults' Retreat

THEME

"...IN THE WORLD YOU WILL HAVE TROUBLE, BUT TAKE COURAGE, I HAVE CONQUERED THE WORLD" - JOHN 16:33B

RETREAT INFORMATION

THIS RETREAT IS OPEN TO ALL WITHIN THE AGES OF 18 TO 40, LOOKING FOR SOME TIME AWAY DURING LENT TO PRAY AND SPEND TIME WITH GOD AND FRIENDS.

**FRIDAY, MARCH 20
TO SUNDAY, MARCH
22, 2026**



ST. MICHAEL CATHOLIC CHURCH, TYBEE ISLAND
FOR MORE INFORMATION, CONTACT SEMINARIAN STEPHEN
(STEPHEN@XAVIERBRUNSWICK.ORG)

SIGN UP/ REGISTRATION

SCAN THE QR CODE TO SIGN UP

SCAN THE QR CODE TO
SIGN UP



REGISTER NOW TO SECURE
YOUR SPOT.
REGISTRATION CLOSES ON
MARCH 8 OR AS SOON AS
SPOTS FILL OUT.
ACCOMMODATION IS LIMITED.

Our **Youth Group** meets each Wednesday that school is in session and is open to all **rising 9th through 12th graders**. The youth rooms in the St. Joseph Family Center will be open at **3:30 pm** for homework or games, with an activity or sport beginning at **4:30 pm**, dinner is provided at **5:30 pm**, a spiritual lesson at **6:00 pm**, followed by Holy Mass at **7:00 pm**.

Ministerio Juvenil, Grados 9 a 12. Nos Reunimos Todos Los Miercoles en los salones de la escuela de catecismo 3:30pm. A 7:30pm, los esperamos!

The **Knights of Columbus** is currently accepting new members: Must be 18 and older, and in Good Standing with the Catholic Church. Council Meetings on the **1st Tuesday of the month**. Please contact SK Grand Knight Greg Marr for more information. Vivat Jesus!

Sundays in the St. Anne Room **Adult Bible Study** meets between 9:30 and 10:45 a.m. Please come join us!

TMIY/SHE
6 a.m. Adoration
6:30 a.m. Video & Breakfast
End at 7:30 a.m.



Join the Faith and Fellowship ministry for a 5-part video series from Ascension Press. No Greater Love is a biblical pilgrimage that reveals Christ's amazing love for us. You will walk step-by-step with Jesus from the Garden of Gethsemane to the Mount of Calvary.

The dates will be March 12, 19 and 26. Each session will begin at 6:00 pm with a potluck dinner followed by a short video and discussion. **Meetings will be held at St. Francis Xavier Catholic School**. Childcare will be provided. Please bring a dish to share.



School News

Our Mission

Inspired by the Sisters of St. Joseph, St. Francis Xavier Catholic School provides an excellent academic foundation, promotes spiritual formation, and instills within each student a desire to serve others.



P.E. students completed the Presidential Fitness Test!



NOW



ENROLLING

for the 2026-2027 School Year
GRADES PS3 -8



We'd love to meet your family!
Call us today 912-265-9470

Summer Camp 2026



Get ready for an unforgettable camp experience filled with fun, learning and friendship!

Monday - Friday
8:00 am - 5:00 pm
June 1 - July 24



- Three Groups:
- Rising PS3 - K
 - Rising 1st - 4th grades
 - Rising 5th - 8th grades

No camp on June 19 and July 3



\$200 - SFXCS Student
\$230 - Non-SFXCS Student

Sign up using FACTS Web Forms

Call 912-265-9470 for more info



SIGN UP
FOR CRUSADER 5K!



5K AND FUN RUN
X
MARCH 21, 2026

REGISTER AT:
<https://runsignup.com/Race/GA/Brunswick/StFrancisCrusadersK>

SUNDAY - Domingo

8:30 am (inglés), 11:00am. (inglés)
6:00 pm. (español)

MONDAY - Lunes 12:00 pm (inglés)

TUESDAY - Martes 12:00 pm (inglés)

WEDNESDAY - Miércoles

8 a.m. School Mass & 7:00 pm (inglés)

THURSDAY - Jueves

8:00 am (inglés), 7:00 pm Hora Santa

* adoración del Santísimo Sacramento

FRIDAY - Viernes 8:00 am (inglés)

Primer viernes de cada mes misa

bilingüe a las 7:00 pm

SATURDAY - Sábado 5:00 pm (inglés)

VIRTUS Training

REGISTRATION INSTRUCTIONS

diosav.org/en/resources/how-do-i/register-for-virtus-training



LIST OF UPCOMING SESSIONS

virtusonline.org/virtus/reg_list.cfm?theme=0
Select "Savannah, GA (Diocese)"

